



# 2024-2025 Breakfast Menu



Township High School District 214

<u>Sides</u>  Fruit: Apple, Banana, Orange  Juice: Apple, Orange	Breakfast Round	Muffin	General Mills Cereal Bowl
	An apple cinnamon chewy breakfast round made with oats	Chocolate Chip  Banana  Blueberry  Apple Cinnamon	Cinnamon Toast Crunch  Cocoa Puffs  Honey Nut Cheerios  Lucky Charms
<u>Price</u>  Students: \$2.50  Adults: \$3.00	Benefit Bar	Quaker Oatmeal	Homemade PB&J Sandwich
	Apple Cinnamon  Banana Chocolate Chip  Oatmeal Chocolate Chip	Apple & Cinnamon  Maple & Brown Sugar  Cinnamon Spice	PB & Grape Jelly
Breakfast comes with your choice of 1 side and a milk	Waffle	General Mills Cereal Bar	
	Froot Loops Waffle	Cinnamon Toast Crunch  Cocoa Puffs  Golden Grahams	

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# 2024-2025 Daily Side Choices



## Township High School District 214

### WEEK A

#### Monday

- French Fries
- Fresh Whole Fruit
- Apple Slices
- Carrots
- Craisins
- Jello
- Juice
- Lettuce

#### Tuesday

- Vegetable Blend
- Fresh Whole Fruit
- Apple Slices
- Carrots
- Craisins
- Jello
- Juice
- Lettuce

#### Wednesday

- Broccoli
- Fresh Whole Fruit
- Apple Slices
- Carrots
- Craisins
- Jello
- Juice
- Lettuce

#### Thursday

- Corn
- Fresh Whole Fruit
- Apple Slices
- Carrots
- Craisins
- Jello
- Juice
- Lettuce

#### Friday

- Tots
- Fresh Whole Fruit
- Apple Slices
- Carrots
- Craisins
- Jello
- Juice
- Lettuce

### WEEK B

#### Monday

- Sweet Potato Fries
- Fresh Whole Fruit
- Apple Slices
- Carrots
- Craisins
- Jello
- Juice
- Lettuce

#### Tuesday

- Corn
- Fresh Whole Fruit
- Apple Slices
- Carrots
- Craisins
- Jello
- Juice
- Lettuce

#### Wednesday

- Vegetable Blend
- Fresh Whole Fruit
- Apple Slices
- Carrots
- Craisins
- Jello
- Juice
- Lettuce

#### Thursday

- Broccoli
- Fresh Whole Fruit
- Apple Slices
- Carrots
- Craisins
- Jello
- Juice
- Lettuce

#### Friday

- Tots
- Fresh Whole Fruit
- Apple Slices
- Carrots
- Craisins
- Jello
- Juice
- Lettuce

**A lunch meal includes 1 entrée and 2 sides :  
1 fruit and 1 vegetable and 1 milk.**