## 2017-18 Township High School District 214 Lunch Menu

### COMBO MEAL DEAL

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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<tbody>
<tr>
<td>Nachos Grande</td>
<td>2-1-4</td>
<td>Chic-n-Potato Bowl</td>
<td>Orange Chicken</td>
<td>Mozzarella Sticks with Marinara Sauce</td>
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### VegOut Salads & Deli

- New York Style Deli Roasted Turkey or Ham & Cheese Sandwich or Wrap on Crisp French Bread or Tortilla
- Garden Salad with Cheddar Cheese, Egg, and Fresh Veggies
- Pub Style Cheeseburger
- Big Daddy’s Cheese Pizza Slice
- Corn Dog
- Crispy Buffalo or Crispy Chicken Sandwich on a Bun

### Eats from All Origins

- Fresh Fit Baked Goods
- Our Famous Chocolate Chip Cookies
- Milkshakes/Blizzards/Baked Goods
- Assorted Homemade Treats

### All “Eats from All Origins, VegOut Salads & Deli, On the Slide Grille, and Ciao” menu items are served with your choice of milk and 1 side. Sides include Side Salad, 100% Fruit Juice, Fresh Sliced Apples, Fresh Baby Carrots, or Other Seasonal Fruit or Vegetable (Locally Grown When Possible)!

### Prices:

- **$3.00 – 2-1-4 Special**
- **Reduced Price Lunch $2.00**
- **Smoothies, yogurt parfaits, fresh cut fruit, and a variety of other energy-boosting treats, along with a la carte items such as local pizza, soup, soft pretzels, beverages, chips, and other packaged snacks will be served daily for $.25 - $5.00.**
- **$ Additional pricing, nutrition, and allergen information available online at www.d214.org.**

### A LA CARTE

#### A

**Fresh Fit and Power Packed Protein A la Carte Options**

<table>
<thead>
<tr>
<th>August</th>
<th>September</th>
<th>October</th>
<th>November</th>
<th>December</th>
<th>January</th>
<th>February</th>
<th>March</th>
<th>April</th>
<th>May</th>
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<tbody>
<tr>
<td>A 16 17 18 B</td>
<td>A 9 10 11 12 13 B</td>
<td>A 6 7 8 9 10 B</td>
<td>A 12 13 14 15 16</td>
<td>A 18 X 17 18 19</td>
<td>A 6 7 8 9 10 B</td>
<td>A 12 13 14 15 16</td>
<td>A 18 X 17 18 19</td>
<td>A 6 7 8 9 10 B</td>
<td>A 12 13 14 15 16</td>
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<td>B 21 22 23 24 25 B</td>
<td>B 14 15 16 17 18 B</td>
<td>A 8 9 10 11 12 13 B</td>
<td>A 2 3 4 5 6 7 8 B</td>
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#### B

- Margherita Flatbread $3.25
- Made for you: Broth Bowl - Quinoa, Beans, Veggies and Rice $4.00
- Carver Station: Roast Beef Mashed Potatoes & Veggies $4.50
- Made for you: Stir Fry - Choose your Protein and Veggies over Rice $4.00-$4.50
- Grilled Chicken Breast with Roasted Veggies and Rice $4.00

### Bliss Desserts

Bliss Desserts are A La Carte. Prices will vary from $.25 - $3.00

Food Allergy Notice: Please be advised that food prepared here may contain these ingredients; Milk, Eggs, Wheat, Soybeans, Peanuts, Tree Nuts, Fish and Shellfish.